



Kate Kinnamont

Associate Executive Director

about

Kate is the Associate Executive Director of the San Diego Regional Center. She began her career at SDRC over 25 years ago as an Intake Service Coordinator.

She held various positions at SDRC including Service Coordinator in the North County office, Program Manager of a Children's Unit in the National City Office, Manager of Intake Services, Regional Manager for the Kearney Mesa office, and Director of Client Services. Before joining SDRC, Kate worked as an educator for the US Navy Drug and Alcohol Prevention Program, Outpatient Psychiatric Counselor for the Escambia County (FL) Mental Health Services, and a Victim's Services Specialist for the US Navy Family Advocacy Program.

Kate has a Bachelor's degree in Psychology and a Master's in Counseling and Human Development. She lives with her husband, Keith, who served in the US Navy for over 20 years. She has two children; Kristofer, who is a Captain in the US Army, and Kaitlin, a licensed Speech and Language Pathologist who practices in Irvine, CA. Kate loves to travel, shop and spend time with family (not necessarily in that order).

