

2022-23 Annual Report



S | D | R | C

San Diego Regional Center



Our Mission

To serve and empower persons with developmental disabilities and their families to achieve their goals with community partners.



“There is no greater disability in society, than the inability to see the person as more.”

- Robert M. Hensel

Dear Friends, Community Partners, and Colleagues,

As we reflect on the breadth of achievements realized over the past year, we are reminded of our deep gratitude to our Board members, service providers, community partners, and the SDRC team for their dedication to enriching the lives of people with developmental disabilities and bringing to light their unique abilities.

The extraordinary efforts to build a strong united front to support families and their loved ones have brought more satisfying opportunities for our clients and families and continued advancement of our programs and services.

This past fiscal year SDRC experienced significant growth in the number of individuals we support in both San Diego and Imperial counties. We are serving more than 40,000 families and their loved ones, reflecting an increase of over 3,000 individuals this past year.

Contributing to the growth are the initiatives implemented in 2022 in partnership with the Department of Developmental Services (DDS). The goal of these initiatives is to help reduce the disparities in underserved communities with low or no purchase of service, including non-English speaking, the hearing-impaired, and families experiencing homelessness.

Among these programs are:

- Early Start outreach to Tribal communities, encompassing 18 federally recognized entities within our catchment area. SDRC has taken the lead in building relationships and creating awareness within Tribal communities such as the Pala Band of Mission Indians and the Sycuan Band of the Kumeyaay Nation. Season Goodpasture, the Founder of Acorns to Oak Trees, holds the distinction of being the first Native American service provider vendored with a regional center and offering services on Tribal land, ensuring Tribal families and their children receive the support and resources they need to thrive.
- Under the American Rescue Plan Act (ARPA) Part C Project we are seeing a significant increase in the number of babies receiving assessments for delays or developmental disabilities. Our teams have established strong relationships with community partners such as Father Joe's Villages and the Mexican Consulate to help young children and their families receive the services and support they need.

- The Language Access & Cultural Competency (LACC) initiative is funding our efforts to engage with multilingual, monolingual, and culturally diverse groups, aiming to enhance access to information and services. Our teams have hosted several listening sessions for these diverse communities to better understand the language and cultural barriers unique to them.
- Enhanced Service Coordination is also contributing significantly by aiming to decrease caseloads to 1 to 40 for Service Coordinators who serve children from birth to age five. Through smaller caseloads, specially trained service coordinators can deliver focused support and enhanced coordination of services to individuals and families in underserved communities with low or no purchase of service including non-English speaking and the hearing impaired.

Like many San Diegans, our emphasis is on affordable housing. In partnership with local developers, Chelsea Investments and MirKa Investments, SDRC along with support from the Department of Developmental Services and the Foundation for Developmental Disabilities, have successfully secured \$8.06 million in funding for four affordable housing developments. These projects will set aside 127 apartments for our clients and families.

We have advanced our Social Recreation program and continue to see individuals and families actively engaging in the available opportunities. Additionally, we have built a network of community partners to fulfill their needs and desires.

Last year, SDRC also organized a team of staff solely dedicated to the Self-Determination Program, and this team has achieved significant success in increasing the number of individuals in the program. On November 1, 2023, the total of participants in Self-Determination exceeded 400 enrolled and participating. This is more than double the number of participants from the previous year and is a testament to the hard work and commitment of SDRC to positively change people's lives.

This year's report represents just a selection of some of the successes and breakthroughs made possible by the results of the collective commitments from our Board members, the SDRC team, our community partners, the Department of Developmental Services, and our families. In 2024, there will be a considerable amount of work awaiting us, along with exciting opportunities, and inevitable challenges. We approach these tasks with the same integrity and innovative thinking that served us well in years past.

With sincere appreciation for your trust and support,



Norma Ramos
Board President



Mark Klaus
Executive Director



Our Board of Directors

Left to right: Erik Rascon, Johny Espinoza, Chris Hodge, Julie Randolph, Wendy Forkas, Beth Blair, Dave Hadacek, Matthew Storey, Terri Colachis, Virginia Bayer, Pam Ehlers, Yasuko Mason, Tessie Bradshaw, and Martha Soto-Aceves. **Not pictured:** James Gonzalez, Shirley Nakawatase, Norma Ramos, Timothy Riemann and Kimberly Rucker.

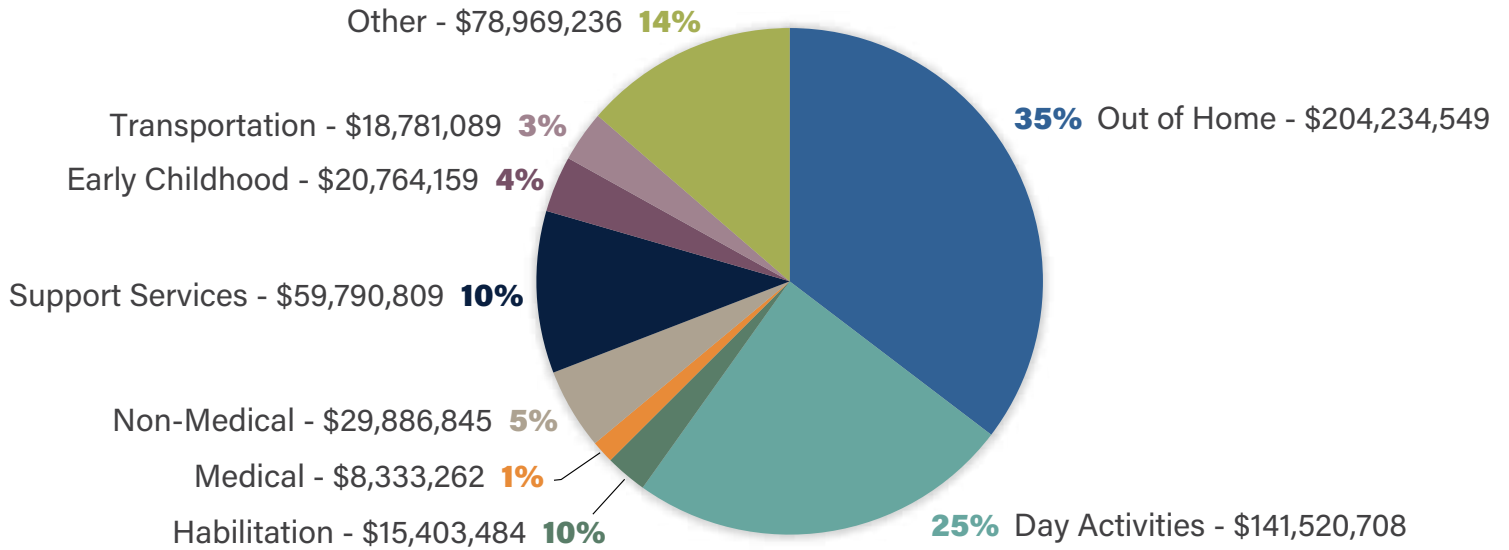
Client Advisory Committee



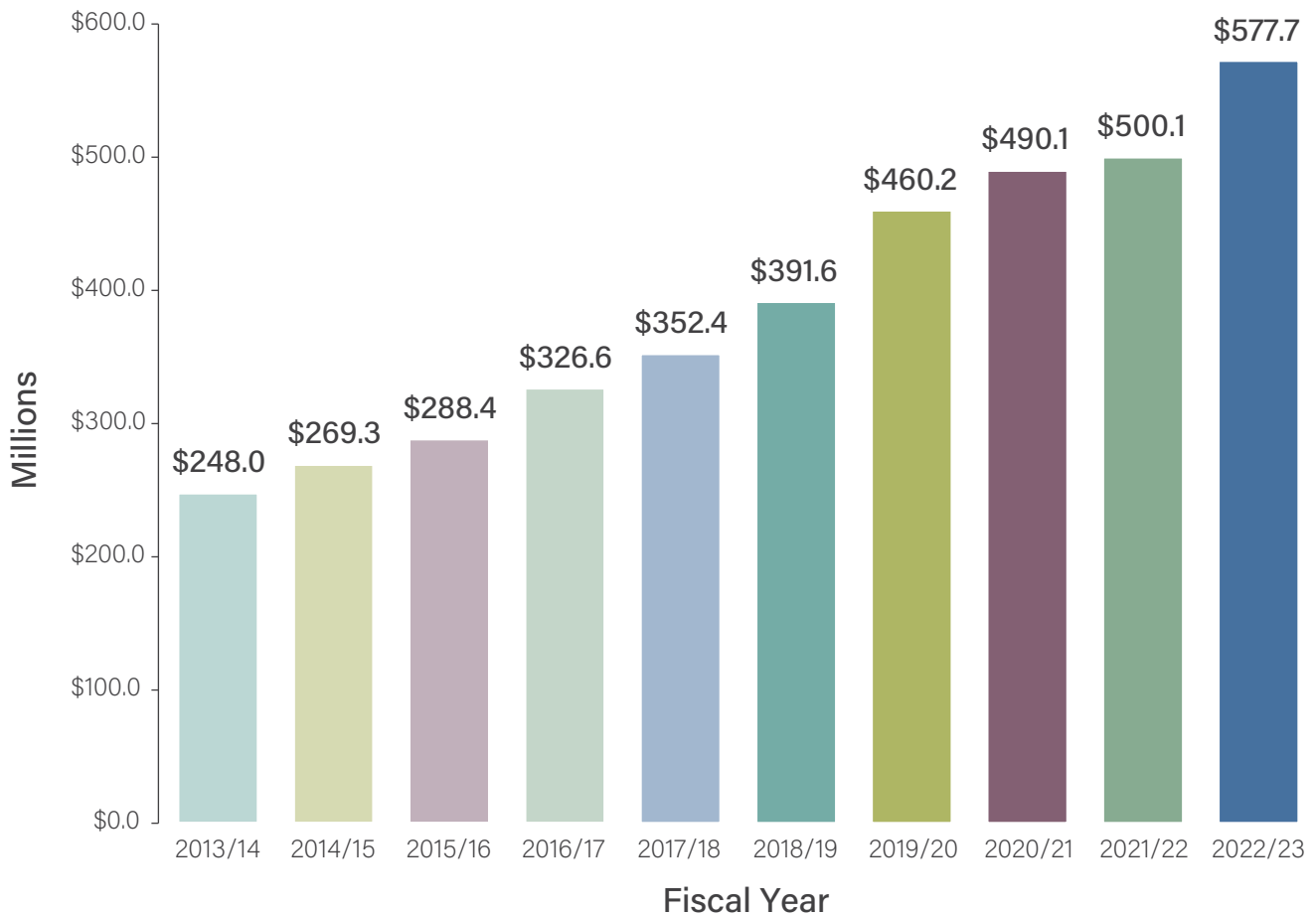
Erik Rascon, Beth Blair, and Committee Chair, Johny Espinoza. **Not pictured:** Timothy Riemann, Kimberly Rucker, and Cali Williams.

Purchase of Services Expenditures FY 2022-2023

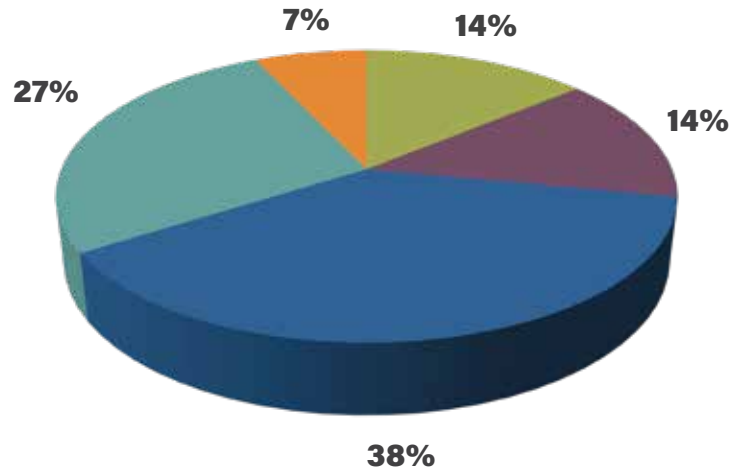
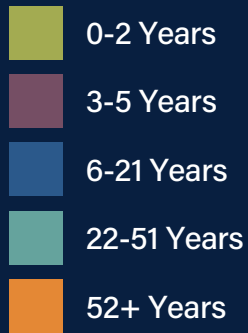
\$577,684,141 (Prior to audit)



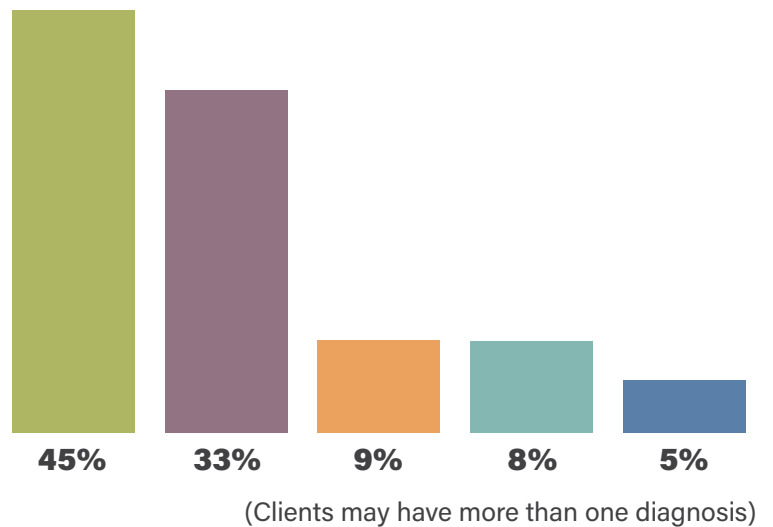
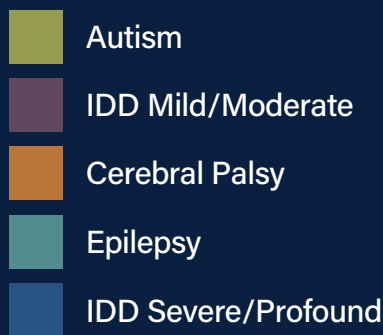
Growth



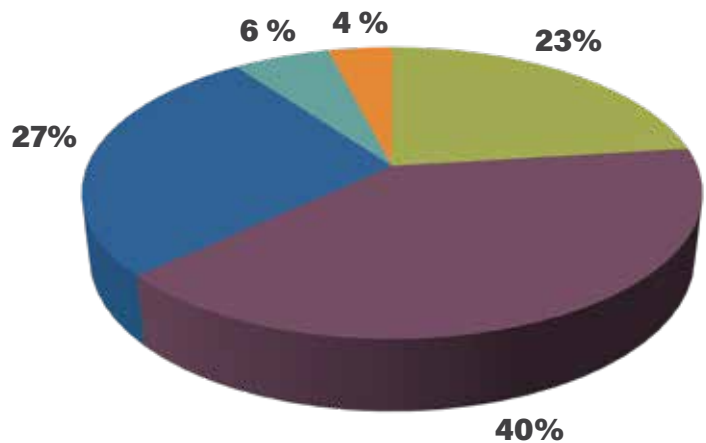
Age of Clients



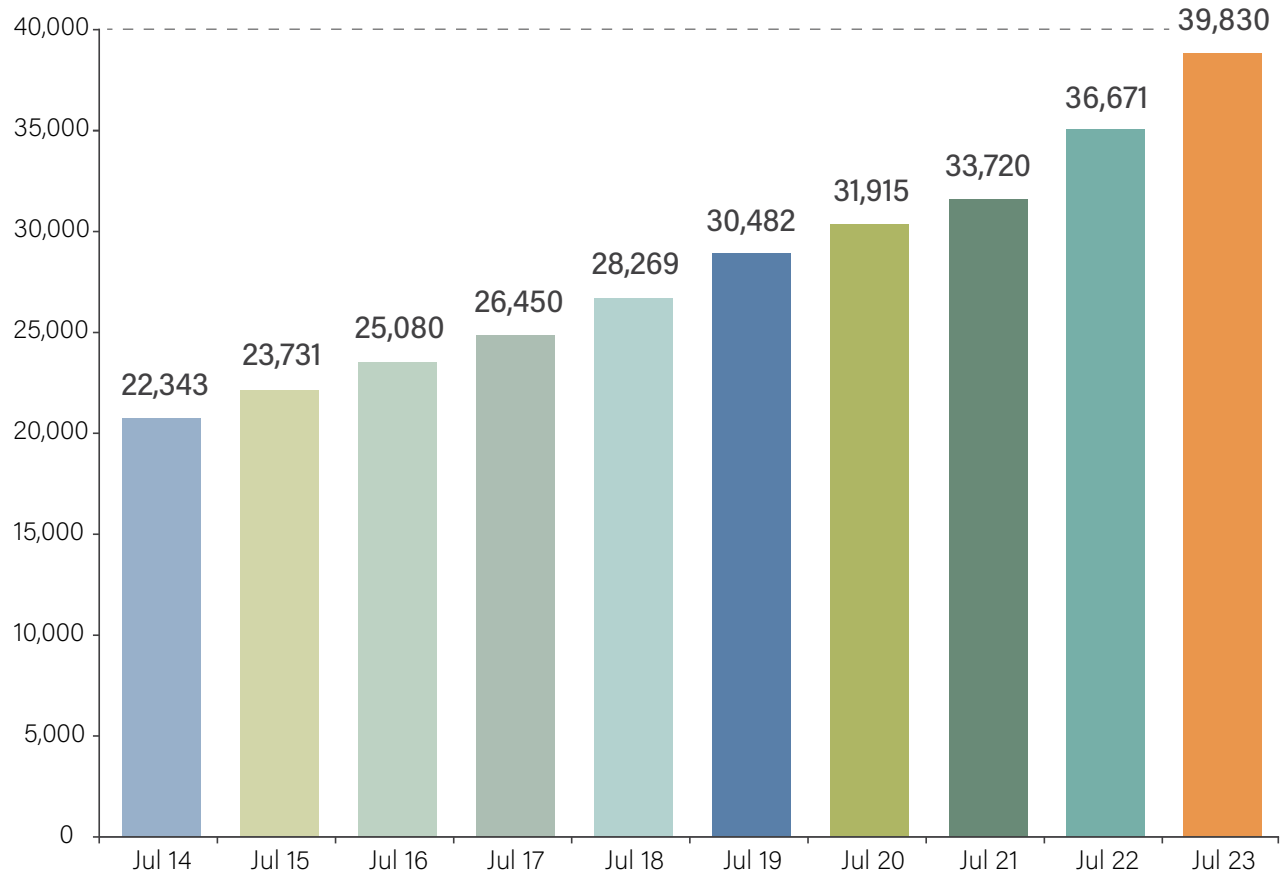
Diagnosis of Clients



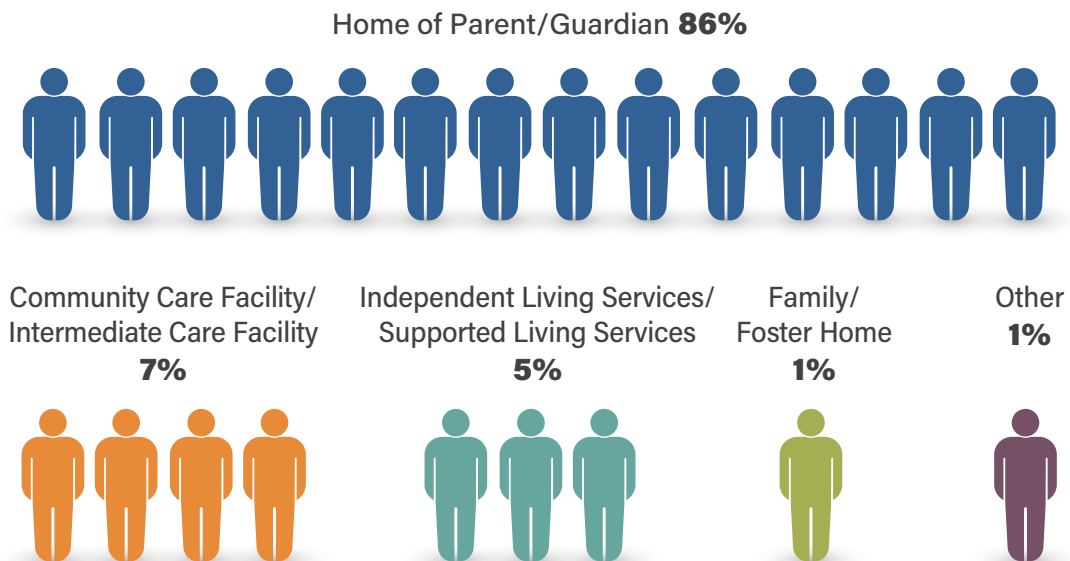
Ethnicity of Clients



Total SDRC Clients



Where Clients Live



Recognizing the long-term dedication of the staff celebrating milestone anniversaries. They are among our greatest assets.

30 Years

Carolyn Crawford

25 Years

Christina Alexander
Patricia Cerda
Alejandro Enciso
Sonia Griffin
Irene Hurtado
Sylvia Lopez

Carol Martin
Jamie Michalski
Donna Null
Rhonda Wilson
Carmen Villarruel

20 Years

Becky Arnold
Barbara Casillas
Blanca Castro
Aundria Dunn
Robert Edwards
Alma Gonzalez

Tanya Hudson
Maria Lizaola
Kacie Kim Nguyen
Gabriella Ohmstede
Diana Perez
Alicia Trujillo

Thank you for helping us enrich the lives of the families and loved ones we serve.





Our Vision

Persons with developmental disabilities will live productive and satisfying lives as valued members of their communities.

Our Locations

www.sdrc.org

Main Office

4355 Ruffin Road
San Diego, CA 92123
(858) 576-2996

Carmel Mountain

15015 Avenue of Science, Suite 250
San Diego, CA 92128
(858) 924-8700

Chula Vista

2300 Boswell Road, Suite 200
Chula Vista, CA 91914
(619) 489-3200

Imperial Valley

3095 Imperial Avenue
El Centro, CA 92243
(760) 355-8383

National City

2727 Hoover Avenue, Suite 100
National City, CA 91950
(619) 336-6600

San Marcos

300 Rancheros Drive, Suite 400
San Marcos, CA 92069
(760) 736-1200

Santee

8760 Cuyamaca Street, Suite 100
Santee, CA 92071
(619) 596-1000



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